

# A New You Ministry

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## August 12

### THE WORLD NEEDS HEALTH PRINCIPLES

*They shall lay hands on the sick, and they shall recover.* **Mark 16: 18**

In teaching health principles, keep before the mind the great object of reform—that its purpose is to secure the highest development of body and mind and soul. Show that the laws of nature, being the laws of God, are designed for our good; that obedience to them promotes happiness in this life, and aids in the preparation for the life to come.

Lead the people to study the manifestation of God's love and wisdom in the works of nature. Lead them to study that marvelous organism, the human system, and the laws by which it is governed. Those who perceive the evidences of God's love, who understand something of the wisdom and beneficence of His laws, and the results of obedience, will come to regard their duties and obligations from an altogether different point of view. Instead of looking upon an observance of the laws of health as a matter of sacrifice or self-denial, they will regard it, as it really is, as an inestimable blessing.

Every gospel work should feel that the giving of instruction in the principles of healthful living is a part of his appointed work. Of this work, there is great need, and the world is open for it.

Everywhere there is tendency to substitute the work of organizations for individual effort. Human wisdom tends to consolidation, to centralization, to the building up of great churches and institutions. Multitudes leave to institutions and organizations the work of benevolence; they excuse themselves from contact with the world, and their hearts grow cold. They become self-absorbed and unimpressible. Love for God and man dies out of the soul.

Christ commits to His followers an individual work—a work that cannot be done by proxy. Ministry to the sick and the poor, the giving of the gospel to the lost, is not to be left to committees or organized charities. Individual responsibility, individual effort, personal sacrifice, is the requirement of the gospel.

“Go out into the highways and hedges, and compel them to come in,” is Christ's command, “that my house may be filled” (Luke 14: 23). He brings men into touch with those whom they seek to benefit. “Bring the poor that are cast out to thy house,” He says. “When thou seest the naked, that thou cover him” (Isa. 58: 7). “They shall lay hands on the sick, and they shall recover” (Mark 16: 18). Through direct contact, through personal ministry, the blessings of the gospel are to be communicated.